

NOVEMBER 2023 5TH-8TH GRADE





WE LOOK FORWARD TO SERVING YOU



CLASSIC CAFÉ

Healthy Infused Meals

Grilled Chicken & Baked Potato Available Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		MAC & CHEESE BAR BACON, GRILLED CHICKEN OR SHRIMP+\$2 FRESH VEGETABLE GARLICE BREADSTICK	Breakfast for Lunch French Toast, Eggs, Bacon Fresh Fruit or Kickin' Grilled Chicken Rice Pilaf & Fresh Vegetable \$8.00	Pizza Day Pepperoni or Cheese Kale & Romaine Caesar Salad or SALMON, RICE PILAF, FRESH VEGETABLE \$8.00
6 Philly Cheese Steak or Chicken Philly Herb Roasted Potatoes Fresh Vegetable	7 Alabama Roasted Chicken Bites Red Beans & Rice Fresh Vegetable Sweet Cornbread	8 Spaghetti & Meatballs Fresh Vegetable Garlic Breadstick	9 Chicken & Waffles Fresh Fruit	Pigs In a Blanket Tater Tots Fresh Fruit or Mini Chicken Pot Pie
Cougar Bowl Popcorn Chicken, Sweet Corn, Mashed Potatoes, Cheddar Cheese & Gravy Fresh Fruit	National Pickle Day Ultimate Grilled Cheese or California Grilled Cheese Sandwich, Tomato Basil Soup, & Pickle Spear	15 Homemade Lasagna Breadstick House Salad	16 Breakfast for Lunch Pancakes, Eggs, Bacon Fresh Fruit or Kickin' Grilled Chicken Rice Pilaf & Fresh Vegetable \$8.00	17 Pepperoni Pizza Roll Fresh Vegetable Fresh Fruit
20	21	22	23	24
		Than	Ksgi	ving
Chicken Monterey Roasted Potatoes Fresh Vegetable	Taco Tuesday Birria Tacos Cilantro & Onions available on the side Homemade Consome Mexican Rice	Chicken Milanese Angel Hair Pasta Fresh Vegetable	30 Breakfast for Lunch French Toast w/ Cranberry syrup, Eggs, Bacon, Fruit or Kickin' Grilled Chicken Rice Pilaf & Fresh Vegetable \$8.00	

WEEKLY GRAB N GO

TUESDAY

Hand-Formed Burgers Regular, Cheese, or Bacon & Cheese

WEDNESDAY

Hand-Breaded Chicken Tenders

THURSDAY

Pretzel Bites or Chef's Choice



Prepared Meals

Menu are posted on Thursdays.
Place Your Order by Sunday 11pm
for Tuesday Pickup

SPONSORS

VENDORS

Fruits and Vegetables
Provided By Atkinsons Farms

Fresh Baked Bread & Muffins Provided By Ashcraft Bakery

The Common Market #44 Farms



NOVEMBER 2023









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CLASSIC CAFÉ

Healthy Infused Meals

Grilled Chicken & Baked Potato Available Daily

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
•		•	1 Mac & Cheese w/ maple bacon Fresh Vegetable Fresh Fruit	2 Breakfast for Lunch French Toast, Eggs Bacon & Fresh Fruit or Kickin' Grilled Chicken Rice Pilaf & Fresh Vegetable \$8.00	Pizza Day Pepperoni or Cheese Kale & Romaine Caesar Salad or Salmon, Rice Pilaf, & Fresh Vegetable \$8.00
6	Hamburger Slider Fresh Vegetable Fresh Fruit	7 Alabama Grilled Chicken Bites Red Beans & Rice Fresh Vegetable Sweet Cornbread	SPAGHETTI & MEATBALLS FRESH VEGETABLE FRESH FRUIT	Breakfast for Lunch Waffles, Eggs Bacon & Fresh Fruit or Kickin' Grilled Chicken Rice Pilaf & Fresh Vegetable \$8.00	Pigs In a Blanket Tater Tots Fresh Fruit or Mini Chicken Pot Pie
13	Cougar Bowl Popcorn Chicken, Sweet Corn, Mashed Potatoes, Cheddar Cheese & Gravy Fresh Fruit	National Pickle Day Ultimate Grilled Cheese or California Grilled Cheese Sandwich, Tomato Basil Soup, & Pickle Spear	Fresh Cut Chicken Nuggets Fresh Vegetable Fresh Fruit	Breakfast for Lunch Pancakes, Eggs Bacon & Fresh Fruit or Kickin' Grilled Chicken Rice Pilaf & Fresh Vegetable \$8.00	17 Pepperoni Pizza Roll Fresh Vegetable Fresh Fruit
20		21	22	23	24
			Than	ksgr Brea	ving
27	Chicken Monterey Roasted Potatoes Fresh Vegetable Fresh Fruit	28 Taco Tuesday Ground Beef Taco Mexican Rice Black Beans	29 Chicken Milanese Bites Angel Hair Pasta Fresh Vegetable Fresh fruit	30 Breakfast for Lunch French Toast w/ Cranberry syrup, Eggs, Bacon Fresh Fruit or Kickin' Grilled Chicken Rice Pilaf & Fresh Vegetable \$8.00	

WEEKLY GRAB N GO

DAILY

Sun Butter & Jelly Sandwich Ham Sandwich on Whole Wheat Turkey Sandwich on Whole Wheat

FLAVORS OF THE MONTH

Sage Leaks Cranberries Kidney Beans



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