

**SALAD BAR OFFERED DAILY**



**CLASSIC CAFÉ**

Healthy Infused Meals

Grilled Chicken & Vegetable Protein Available Daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	1 Peruvian Roasted Chicken w/ green sauce Rice Pilaf Fresh Vegetable
4 SCHOOL HOLIDAY	5 Taco Tuesday Ground Beef Tacos Pinto Beans Mexican Rice (Veggie Protein Available)	6 Pasta Bar Alfredo or Red Sauce Penne Pasta Sausage, Chicken or Shrimp+\$2 Seasoned Broccoli Breadstick	7 Cougar Bowl Popcorn Chicken Cheddar Cheese Sweet Corn Mashed Potatoes Gravy (on the side)	8 Pizza Day Pepperoni or Cheese Kale & Romaine Caesar Salad or Salmon, Rice Pilaf, Fresh Vegetable \$8.00
11 Orange Chicken Lo Mein Noodles Fresh Vegetable Eggroll	12 Turkey Meatloaf Patties Mac & Cheese Fresh Vegetable	13 Baked Potato Bar Bbq Brisket or Chopped Turkey All the Fixings Fresh Vegetable	14 Breakfast for Lunch French Toast, Eggs Bacon or Turkey Sausage Fresh Fruit or Kickin' Grilled Chicken, Rice Pilaf & Fresh Vegetable \$8.00	15 Fresh Fish Sticks Homemade Tarter Sauce Hawaiian Roll Fresh Vegetable or Pulled Pork Sliders Fresh Vegetable Baked Beans
18 Chicken Cacciatore Herb Rice Cauliflower or All Beef Mini Corn Dogs	19 Nachos & Queso w/ Ground Beef Pinto Beans (Veggie Protein Available)	20 Pasta Bar Alfredo or Red Sauce Penne Pasta Sausage, Chicken or Shrimp+\$2 Seasoned Broccoli Breadstick	21 Lemon Chicken Piccata Creamy Mashed Potatoes Fresh Vegetable	22 Pepperoni Calzone Fresh Vegetable Fresh Fruit or Salmon, Rice Pilaf, Fresh Vegetable \$8.00
25 Chimichurri Chicken or Steak Roasted Potatoes Fresh Vegetable	Chicken Quesadillas Mexican Rice Black Beans	27 Bbq Brisket or Pull Pork Sliders Mac & Cheese Fresh Vegetable	28 Chicken & Waffles Fresh Fruit or Salmon, Rice Pilaf, Fresh Vegetable \$8.00	29 Lasagna Garlic Breadstick Kale & Romaine Caesar Salad or Kickin' Grilled Chicken, Rice Pilaf & Fresh Vegetable \$8.00

**WEEKLY GRAB N GO**

**TUESDAY**  
Hand-Formed Burgers  
Regular, Cheese, or  
Bacon & Cheese

**WEDNESDAY**  
Nachos and Queso

**THURSDAY**  
Hand-Breaded Chicken Tenders



**Prepared Meals Begins September 5th**  
**Place Your Order by Sunday 11pm for**  
**Tuesday Pickup**

**For All Catering ( on site & off site),**  
**please contact**  
**cafe@stmarkhouston.org**

**SPONSORS**

Thank you,

**Davin Black**

Agent

1315 W Grand Parkway S Suite 102  
Katy, TX 77494

(281) 769-8056 (Office & Text)

davin@insuredbydavin.com



www.insuredbydavin.com



Click here to check out our reviews!

Davin Black State Farm Agency

**VENDORS**

Fruits and Vegetables  
Provided By Atkinsons Farms

Fresh Baked Bread & Muffins  
Provided By Ashcraft Bakery

*The Common Market #44 Farms*



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Fresh cut chicken nuggets Fresh Vegetable Fresh Fruit
4 School Holiday	5 Taco Tuesday Ground Beef Tacos Pinto Beans Mexican Rice (Veggie Protein Available)	6 Pasta Bar Alfredo or Red Sauce Penne Pasta Grilled Chicken Broccoli Breadstick Fresh Fruit	7 Cougar Bowl Popcorn Chicken Cheddar Cheese Sweet Corn Mashed Potatoes Gravy (on the side)	8 Pizza Day Pepperoni or Cheese Kale & Romaine Caesar Salad & Fresh Fruit or Salmon, Rice Pilaf, Fresh Vegetable \$8.00
11 Orange Chicken Jasmine Rice Fresh Vegetable Fresh Fruit	12 Hand Breaded Chicken Sandwich Tater Tots Fresh Fruit	13 Spaghetti & Meatballs Breadstick Fresh Vegetable Fresh Fruit	14 Homemade French Toast Sticks Pancakes, Eggs Bacon or Turkey Sausage Fresh Fruit or Salmon, Rice Pilaf, Fresh Vegetable \$8.00	15 Fresh Fish Sticks Homemade Tarter Sauce Hawaiian Roll Fresh Vegetable Fresh Fruit or Pulled Pork Sliders Fresh Vegetable Baked Beans
18 Chicken Cacciatore Herb or All Beef Mini Corn Dogs Rice Cauliflower Fresh Fruit	19 Nachos & Queso w/ Ground Beef Pinto Beans Fresh Fruit (Veggie Protein Available)	20 Pasta Bar Alfredo or Red Sauce Penne Pasta Grilled Chicken Broccoli Breadstick Fresh Fruit	21 Lemon Butter Roasted Chicken Bites Mashed Potatoes Fresh Vegetable Fresh Fruit	22 Pepperoni Pizza Pocket Fresh Vegetable Fresh Fruit or Salmon, Rice Pilaf, Fresh Vegetable \$8.00
25 Tender Steak Bites Roasted Potatoes Fresh Vegetable Fresh Fruit (Veggie Protein Available)	26 Chicken Quesadillas Mexican Rice Black Beans Fresh Fruit	27 Marinated Roasted Chicken Drumettes Green Beans Baked Beans Fresh Fruit	28 Breakfast for Lunch Pancakes, Eggs Bacon or Turkey Sausage Fresh Fruit or Kickin' Grilled Chicken Rice Pilaf & Fresh Vegetable \$8.00	29 Fresh Cut Chicken Nuggets Mac & Cheese Fresh Vegetable Fresh Fruit

**WEEKLY GRAB N GO**

**DAILY**  
Sun Butter & Jelly Sandwich  
Ham Sandwich on Whole Wheat  
Turkey Sandwich on Whole Wheat

**FLAVORS OF THE MONTH**  
Basil  
Cauliflower  
Mango  
Pinto Beans



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